

◆ Massages ◆

MIND & BODY RENEWAL

50 min | \$175 / 100 min | \$350

This aromatic journey targets the energy centers of the body with Kanya's unique Chakra Balancing remedies. Your service provider will expertly customize your treatment experience by crafting the perfect blend of aromatherapy oils. These nourishing massage oils are used to transport you into a realm of pure relaxation and comfort.

CUSTOM MASSAGE

50 min | \$165 / 80 min | \$230 / 100 min | \$330

This treatment will be customized to your specific needs, using various pressure and techniques.

HOT STONE MASSAGE

50 min | \$165 / 80 min | \$230 / 100 min | \$330

Your journey to complete relaxation begins with hand-selected stones. A perfect combination of heat and gentle pressure brings relief to tense muscles and sore joints, releases stress, and connects you to the peaceful environment of Alvadora.

HIMALAYAN SALT STONE MASSAGE 50 min | \$170 / 80 min | \$235 / 100 min | \$335

Enjoy a highly relaxing massage using Himalayan pure pink salt stones that alkalizes the skin, is full of minerals to replenish the body, lightly exfoliates the skin, and balances and neutralizes the effects of toxic frequencies we live with every day.

PRENATAL MASSAGE *offered in the 2nd and 3rd trimester only*

50 min | \$165

Designed for those mothers-to-be, this full body massage will soothe body aches and muscle tension. Not available during the 1st trimester.

REFLEXOLOGY

50 min | \$165

Using a combination of massage and pressure points on the hands and feet that correspond to specific organs and muscles, this specialized treatment will leave you feeling balanced and rejuvenated.

Nail Services

SIMPLY CITRUS

Manicure 25 min | \$35
Pedicure 25 min | \$45

This waterless manicure and/or pedicure is perfect for those needing a touch up between services. This express treatment includes cuticle cleanup, nail shaping and polish.

CITRUS HONEY BLOSSOM

Manicure 45 min | \$50
Pedicure 45 min | \$65

Feet, legs, hands, and arms are softened and smoothed in a warm nectar whole milk soak. Next, a sea salt and citrus-grass scrub exfoliates, clearing the way for a nourishing massage treatment. Enjoy a whipped, organic honey butter rubdown that delivers the highest concentration of skin loving vitamins A, D, and E.

ALVADORA

Gel Manicure 45 min | \$65
Gel Pedicure 45 min | \$80

This dry manicure and/or pedicure has the added benefits of a gel-based polish, which is more durable than traditional polish. If a gel application is already on the nail, an additional booking of the gel soak off service is required.

Nail Therapy ENHANCEMENTS

**to be added into any nail therapy service*

GEL POLISH SOAK \$30
FRENCH APPLICATION \$25
PARAFFIN TREATMENT \$25

Exclusive Spa Therapies

◆ SPA DEHP ◆

80 min | \$300 / 150 min | \$585

dēhp® 180 is a unique spa technique which includes the licensed dēhp® integrative technique, balancing massage, bodywork and essential oils. dēhp® provides you with the space and time to surrender into simplicity, discover your truth and naturally express it. dēhp® will assist you in unwinding, connecting and expanding your horizons dēhp® sessions are experienced without skill or effort from the client. The body does all of the work. You will be asked to set an intention for the session and prompted to share any thoughts, ideas and visual images you experience. The session integrates the licensed technique, bodywork and massage as the body goes through a series of reconnections. The insight will continue enriching your life thereafter.

CBD

ENHANCEMENTS

If you are seeking relief from tight muscles, injuries, or extra stress, enjoy a CBD enhanced treatment. CBD will deeply relax your body & mind while restoring your equilibrium.

SCALP TREATMENT \$40

FOOT TREATMENT \$40

MASSAGE OIL UPGRADE \$45

Add to any 50 minute or more treatment. Included within treatment time.

Facials

◆ CUSTOM FACIAL ◆

50 min | \$165 / 80 min | \$230

This is the perfect facial for every skin type. Whether your skin is in need of a hydrating, clarifying, rejuvenating, or calming treatment, our estheticians will personalize your facial for a one-of-a-kind experience.

CITRUS GROVE FACIAL

80 min | \$230

Our signature facial is based on the use of products with antioxidants to combat premature aging and provide skin with a healthy glow. Your experience will include a luxurious facial massage, a warm hydrating hand and foot treatment, and the uplifting essence of orange blossom.

Facial Therapy

ENHANCEMENTS

**to be added into any facial therapy service*

HYDRATING SCALP \$30 KNESKO DECOLLETE \$35

KNESKO EYE \$25 KNESKO SIGNATURE \$125

KNESKO LIP \$25 DERMAFLASH \$25

KNESKO FACE \$50