Hand Crafted Botanical Treatments

Alvadora Spa’s in-house Herbalist, Rachel Sloat, has created two unique and exclusive botanical treatments. Her practice of traditional herbal medicine preparations is rooted in both the historic and modern applications of plants native to the Mediterranean region and beyond.

COCONUT MILK & HONEY WRAP
50 min | $175
Coconut milk and local honey come together in a sweet-subtly spiced aromatic blend of essential oils and mushroom extracts with warming sweet notes of vanilla and cardamom. Experience a deeply hydrating body treatment wrapped in warmth as the benefits of antioxidants, minerals, enzymes, and distinctive fatty acids nourish the skin.

SPANISH SAGE & OLIVE STONE SCRUB & WRAP
80 min | $240
An herbaceous body treatment to cleanse and remineralize, our Mediterranean olive stone scrub and wrap is formulated with French green clay, sea salt from Spain, olive stone, infused herbal oils to promote healing, and an aromatic fusion of Mediterranean essential oils.

Signature Citrus Treatments

CITRUS RITUAL
100 min | $340 / 100 min couple | $680
Known as Alvadora’s Signature Ritual, the Citrus Ritual begins in Acqua Dolce with a full body exfoliation on heated stone tables, while water gently cascades from above. Relax in our garden tub and private patio area which featuring our raindrop shower and fireplace. This ritual is completed with a customized massage.

ALVADORA SIGNATURE BODY POLISH
50 min | $165
This full body exfoliation will soften and renew the body. Choose from an essential oil blend of lavender, eucalyptus or neroli combined with our handcrafted blend of salt and sugar scrub.

Exclusive Spa Therapies

SPA DEHP
80 min | $300 / 150 min | $585
dēhp® 180 is a unique spa technique which includes the licensed dēhp® integrative technique, balancing massage, bodywork and essential oils. dēhp® provides you with the space and time to surrender into simplicity, discover your truth and naturally express it. dēhp® will assist you in unwinding, connecting and expanding your horizons dēhp® sessions are experienced without skill or effort from the client. The body does all of the work. You will be asked to set an intention for the session and prompted to share any thoughts, ideas and visual images you experience. The session integrates the licensed technique, bodywork and massage as the body goes through a series of reconnections. The insight will continue enriching your life thereafter.

CBD ENHANCEMENTS
If you are seeking relief from tight muscles, injuries, or extra stress, enjoy a CBD enhanced treatment. CBD will deeply relax your body & mind while restoring your equilibrium.

SCALP TREATMENT $40
FOOT TREATMENT $40
MASSAGE OIL UPGRADE $45
Add to any 50 minute or more treatment. Included within treatment time.
MIND & BODY RENEWAL ................................. 50 min | $175 / 100 min | $350
This aromatic journey targets the energy centers of the body with Kanya’s unique Chakra Balancing remedies. Your service provider will expertly customize your treatment experience by crafting the perfect blend of aromatherapy oils. These nourishing massage oils are used to transport you into a realm of pure relaxation and comfort.

CUSTOM MASSAGE ........................................... 50 min | $165 / 80 min | $230 / 100 min | $330
This treatment will be customized to your specific needs, using various pressure and techniques.

HOT STONE MASSAGE ................................. 50 min | $165 / 80 min | $230 / 100 min | $330
Your journey to complete relaxation begins with hand-selected stones. A perfect combination of heat and gentle pressure brings relief to tense muscles and sore joints, releases stress, and connects you to the peaceful environment of Alvadora.

HIMALAYAN SALT STONE MASSAGE .......................... 50 min | $170 / 80 min | $235 / 100 min | $335
Enjoy a highly relaxing massage using Himalayan pure pink salt stones that alkalizes the skin, is full of minerals to replenish the body, lightly exfoliates the skin, and balances and neutralizes the effects of toxic frequencies we live with every day.

PRENATAL MASSAGE offered in the 2nd and 3rd trimester only ................................................. 50 min | $165
Designed for those mothers-to-be, this full body massage will soothe body aches and muscle tension. Not available during the 1st trimester.

REFLEXOLOGY .......................................................... 50 min | $165
Using a combination of massage and pressure points on the hands and feet that correspond to specific organs and muscles, this specialized treatment will leave you feeling balanced and rejuvenated.

QUATTRO DE PALMA ................................................. 50 min | $330 / 80 min | $460
This one of a kind massage is skillfully synchronized by two therapists working together to create soothing, rhythmic movements that will leave you refreshed and energized. This is truly an indulgent massage experience.

WATSU MASSAGE ................................................. 50 min | $175 / 80 min | $240
This aquatic therapeutic treatment incorporates rocking, cradling, and stretching techniques in a heated pool to facilitate deep relaxation. This treatment is also perfect for those “Mothers-to-be”. Swimsuits are required for this treatment.

COUPLES MASSAGE ........................................... 50 min | $330 / 80 min | $460 / 100 min | $660
Enjoy an Alvadora Custom Massage together in one of our Alvadora Couples Suites.

HOT STONE COUPLES MASSAGE .......................... 50 min | $330 / 80 min | $460 / 100 min | $660
Enjoy a Hot Stone Massage together in one of our Alvadora Couples Suites.

**Massage Therapy ENHANCEMENTS**

**HYDRATING SCALP** $30

**FOOT TREATMENT** $30
Facials

**CUSTOM FACIAL**
50 min | $165 / 80 min | $230

This is the perfect facial for every skin type. Whether your skin is in need of a hydrating, clarifying, rejuvenating, or calming treatment, our estheticians will personalize your facial for a one-of-a-kind experience.

**CITRUS GROVE FACIAL**
80 min | $230

Our signature facial is based on the use of products with antioxidants to combat premature aging and provide skin with a healthy glow. Your experience will include a luxurious facial massage, a warm hydrating hand and foot treatment, and the uplifting essence of orange blossom.

**Facial Therapy ENHANCEMENTS**

*to be added into any facial therapy service*

**HYDRATING SCALP** $30

**KNESCO EYE** $25

**KNESCO LIP** $25

**KNESCO FACE** $50

**KNESCO DECOLLETE** $35

**KNESCO SIGNATURE** $125

**DERMAFLASH** $25

Nail Services

**SIMPLY CITRUS**

Manicure ........................................... 25 min | $35
Pedicure ........................................... 25 min | $45

This waterless manicure and/or pedicure is perfect for those needing a touch up between services. This express treatment includes cuticle cleanup, nail shaping and polish.

**CITRUS HONEY BLOSSOM**

Manicure ........................................... 45 min | $50
Pedicure ........................................... 45 min | $65

Feet, legs, hands, and arms are softened and smoothed in a warm nectar whole milk soak. Next, a sea salt and citrus-grass scrub exfoliates, clearing the way for a nourishing massage treatment. Enjoy a whipped, organic honey butter rubdown that delivers the highest concentration of skin loving vitamins A, D, and E.

**ALVADORA**

Gel Manicure ........................................... 45 min | $65
Gel Pedicure ........................................... 45 min | $80

This dry manicure and/or pedicure has the added benefits of a gel-based polish, which is more durable than traditional polish. If a gel application is already on the nail, an additional booking of the gel soak off service is required.

**Nail Therapy ENHANCEMENTS**

*to be added into any nail therapy service*

**GEL POLISH SOAK** ........................................... $30

**FRENCH APPLICATION** ........................................... $25

**PARAFFIN TREATMENT** ........................................... $25

**Waxing**

**BROW** $20  **LIP** $20  **CHIN** $20  **BROW & LIP** $35

Book your escape 602.977.6400  |  5200 E Camelback Rd, Phoenix, Arizona 85018