

→ Renewal Moon Menu ←

Add on a “renewal moon” to any resort stay and select from a variety of reconnection activities like private coaching, unique spa and wellness treatments or a Via Cappello dining experience.

Via Cappello

Named for a romantic residence in Verona, Via Cappello is a candlelit dinner in a “lovers’ corner” tucked away in various magical settings throughout the grounds. Enjoy a dedicated server and custom aphrodisiac menu by T. Cook’s Executive Chef Alex Robinson.
Starting from \$350

Couples Coaching

In partnership with Scottsdale-based Fun Fantasy Ritual, couples can book a private session focused on rebuilding their relationship. Owners Dana Lam and Martin Kupper help people improve their relationships through intentional practices that enhance romance and connection.
Pricing based on duration of session

Citrus Ritual with Champagne

Alvadora Spa’s signature treatment, the Citrus Ritual, begins within the stone-walled Acqua Dolce suite that has side-by-side, custom heated stone tables. Couples experience a full-body exfoliation treatment, a customized massage, and “solo time” to enjoy an oversized soaking tub, outdoor showers, champagne & fruit.
\$680 per couple | 100 minutes

Yoga Nidra

Yoga Nidra, is an immensely powerful meditation technique. This systematic meditation takes you through the five layers of self, leaving participants with a sense of wholeness. Unlike other forms of meditation in which you focus on a mantra or on your breath, Yoga Nidra asks you simply to let go or surrender.
\$330 per couple | 60 minutes

Double Gong Meditation

Alvadora Spa offers Double Gong Meditation, in partnership with Metta Yoga. Designed to bring about healing through brainwave stimulation, double gong meditation is a form of sound therapy where the gong plays softly, increasing in volume as the session progresses.
\$125 per couple

How to book

Any of these services can be added on to an existing resort stay, seven days before arrival.

For additional details, or to book, contact:
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