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ALVADORA SPA TERRACES: THE ULTIMATE LUXURIOUS RETREAT

PHOENIX – Designed by world-renowned spa designer Sylvia Sepielli, the six Alvadora Spa Terraces at Royal Palms Resort and Spa provide an ideal space for guests seeking privacy and a luxurious in-room spa experience. These accommodations, offering the resort’s most stunning views of Camelback Mountain, overlook the Montavista courtyard with its tiered gardens of bougainvillea and lush seasonal flowers, trickling fountains, crackling fire pits, vibrantly tiled reflecting pool and sunset Spanish guitar serenades.

Guests who select the Alvadora Spa Terraces receive a personalized tour of the suite and a surprise welcome smoothie upon arrival; 10% off of retail purchases in the spa; and an unexpected greeting of the day that includes a daily intention card, stone of the day, and a suggested yoga pose to balance the energy connected with one of the seven chakras.

Also available is the **Alvadora Spa Terrace Experience** package that, in addition, includes a 60-minute in room massage from an exclusive in-room services menu at a 20% discount if booked in advance.

Thoughtful design

According to Sepielli, “We focused on creating a spa lifestyle rather than a hotel room.” The Alvadora Spa Terraces feature a soothing neutral color palette, punctuated by splashes of lavender and sage. Mosaic tiles, wood floors, leather furnishings and fresh flowers reflect the natural environment. A white linen-draped four poster daybed with a built-in therapy bed, two plasma televisions, Bose stereo, intimate fireplace and adjustable lighting make this a haven for personal reflection.

Tranquil touches include:

- ✧ **European soaking tub**
- ✧ **Steam shower**
- ✧ **Salt lamp**—Light bulbs glow softly within chunks of hollowed-out mined salt. Heating the salt causes the crystal to release negative ions, which bind with airborne pollutants, making them heavier, so they fall to the ground instead of being inhaled.
- ✧ **Meditation chair**—low to the ground and intrinsically comfortable, specifically built for meditation
- ✧ **Stone fountain**
- ✧ **Aromatherapy diffuser**—A deep copper dish holds fragrant essential oils, which are heated to release their aromatic and therapeutic gifts.
- ✧ **Nutritious mini bar**—fun yet healthy snacks like Green Tea Gummy Bears (loaded with antioxidants) or Spa Chocolates (linked to improved cardiovascular health, lowered cancer risk and a slower aging process), organic raisins, Terra Chips, Living Essence Water, fruit juice and wine
- ✧ **Fitness equipment**—yoga mats, fitness bands and balance balls
- ✧ **Assorted books and CDs**—hand-selected library for meditation, yoga, spirituality and healing
- ✧ **Throw and ottoman pillow**—luxurious textiles in the Royal Palms' signature fabric for cozy snuggling
- ✧ **Chenille neck wrap**—releases moist, aromatic heat—perfect to relieve minor aches and pains
- ✧ **Velour shawl robe**—made from plush 100% Turkish cotton and a jacquard honeycomb weave, and trimmed at the sleeves, collar and pockets with sumptuous velour
- ✧ **Spa slippers**—influenced by the science of reflexology with comfortable arch supports and built-in massage beads
- ✧ **Wooden Sudoku game**—with pre-numbered tiles and more than 1,000 puzzles
- ✧ **Tuscan Journal**—256 acid-free pages in a wood-bound book where guests can reflect on and share their experiences

Exclusive in-suite treatments

While some treatments take place in the comfort of the Alvalora Spa Terrace, others are offered in the spa itself, but all are available **only** to guests of these six special rooms.

- ✧ **Hair Ritual**—For strong, shiny, resilient tresses, this treatment hydrates and rejuvenates damaged, color-treated or processed hair without weighing it down. (15 minutes. \$40 Monday – Thursday; \$45 Friday – Sunday)
- ✧ **The Savasana**—Designed to energize the solar plexus, sacral heart, root and crown chakras, this luxurious service begins with a gentle dry-brush exfoliation. Next comes an application of the hydrating Affirming masque, followed by a light massage and a fine mist of Infinitely Wise lavender spray. The final indulgence is a scalp massage and a body application of Instinctual moisturizing lotion. (90 minutes. \$210 Monday – Thursday; \$220 Friday – Sunday)
- ✧ **Thai Massage**—The goal of this ancient interactive style of massage is to create space in the body. Guests wear loose-fitting loungewear—theirs to keep—while the therapist uses a variety of stretching movements and pressure points to produce a relaxing yet energetic and therapeutic treatment. (60 minutes, \$185 Monday – Thursday; \$195 Friday - Sunday) (90 minutes. \$245 Monday – Thursday; \$255 Friday – Sunday)
- ✧ **The Journey Manicure**—This intensive treatment uses Spa Ritual products, which are chakra-based, all-natural and organic. (45 minutes, \$65 Monday – Thursday; \$70 Friday - Sunday)
- ✧ **The Journey Pedicure**—This aromatherapeutic foot ritual was designed to relax body, mind and spirit. After feet are soaked, exfoliated and moisturized, nails are topped with a smooth layer of polish. (60 minutes, \$80 Monday – Thursday; \$85 Friday - Sunday)

**For information and reservations: 800-672-6011, 602-840-3610 or
www.royalpalmsresortandspa.com**

A member of Historic Hotels of America, Royal Palms Resort and Spa is a AAA Four Diamond resort located at the foot of majestic Camelback Mountain. Combining the graciousness and sophistication of a Mediterranean villa with the intimacy and privacy of a secluded retreat, Royal Palms offers: 119 custom-appointed guest rooms, intimate clusters of casitas, grand villas, Alvalora Spa Terraces and the Alvalora Spa Villa; regal Spanish Colonial architecture; over 20,000 square feet of estate-like meeting space; Tuscan-style gardens; exquisite tapestries, antiques and stone fireplaces throughout. Designed around the original historic private mansion, Royal Palms is home to the award-winning T. Cook's restaurant, Mobil Four Star Alvalora Spa, a Mother-of-Pearl-tiled swimming pool with private cabanas, and croquet lawn. Just minutes from Scottsdale's shopping, galleries, golf, Phoenix Sky Harbor International Airport and the Camelback financial corridor, Royal Palms is an ideal retreat for business, pleasure and special occasions, offering luxury, privacy and convenience.

Royal Palms Resort and Spa is one of more than 30 independent, upscale and luxury hotels, resorts and golf clubs in the United States managed by Destination Hotels & Resorts, the fifth largest independent hospitality management company in the country. The company, headquartered in suburban Denver, Colo., features a portfolio of more than 7,000 guest rooms, 10 golf courses and 12 full-service spas. Destination Hotels & Resorts properties are located in key metropolitan and resort markets including Washington, D.C., Houston, Denver, Dallas, San Diego, Santa Fe, Aspen, Austin, Phoenix, Portland, Palm Springs, Maui and Lake Tahoe. For more information on the properties in the Destination Hotels & Resorts collection, please visit www.destinationhotels.com.

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