

T. Cook's

Breakfast

Available for kids ages 12 or younger


Available until 2pm

Chocolate chip Mickey Mouse™ pancakes \$7.5

2 buttermilk Mickey shaped pancakes studded with chocolate chips

1 Egg with bacon, sausage or ham* \$7.5

1 egg any style with choice of local smoked bacon, house-made pork or chicken sausage, or ham. Served with choice of toast or English muffin

 Fruit bowl \$4.5

a bowl of seasonal fruit & berries

Cold cereal \$3.5

choice of breakfast cereal served with milk

 Quaker Oats™ oatmeal with apples & cinnamon \$5


delicious, healthy oatmeal - got to love it!

Breakfast burrito* \$7.5

scrambled egg, ham, & cheddar cheese are a part of this mini super hero burrito served with breakfast potatoes & a side of mild salsa

 Banana French toast sticks \$7.5

served with cinnamon maple syrup for dipping & choice of side of fruit, house-made chicken sausage or vegan 'sausage'

 Smoothie & granola bar \$7.5

choice of smoothie & house-made granola bar. smoothie choices include: mixed berry, tropical or peanut butter-banana. granola bar choices include: vanilla almond with strawberries, applelicious with razz cherries or peanut crunch with chocolate

 Egg-white omelet* \$7.5

sautéed spinach, tomato & house-made chicken sausage all cooked up in this delicious kid's omelet made with egg whites served with a side of breakfast potatoes & choice of toast or English muffin

Doughnut Holes \$7.5

six doughnut holes tossed in cinnamon sugar & served with berry coulis & vanilla crème anglaise sauce

  Funky Monkey French Toast - created by Mandy Rivers of Lexington, SC \$7.5

Peanut butter and banana stuffed whole wheat French toast served with sugar-free maple syrup and choice of fruit

 A Destination Kids Café Healthy Choice

  denotes a 2011 Healthy Kids Recipe Contest winner

*All meat shall be cooked to Well done, some dishes may contain undercooked egg
Written information is available upon request regarding the safety of these items

Snacks & Starters

Available for kids ages 12 or younger

 Melon 'fries' with berry 'ketchup'	\$4	Cup of soup	\$5
 Fruit & cheese skewers	\$6	<i>choice of lobster bisque, chicken noodle, seasonal or soup du jour</i>	
 Kids salad	\$6	 Antipasto plate	\$8
<i>romaine lettuce, cucumber, carrots, tomato, Parmesan grissini & choice of dressing</i>		<i>deli meats, cheeses, fresh vegetables, fruit, hummus & pita chips</i>	
 Ants on a log	\$4	 Mushroom & sun dried tomato quesadilla	\$6
<i>celery sticks filled with peanut butter & topped with raisins</i>		<i>in a whole wheat tortilla & served with sour cream, salsa & guacamole</i>	
Chips & salsa	\$6	Peanut butter & strawberry pinwheels	\$6
Cinnamon sugar chips & fruit salsa	\$6		

Earth Alphabetical Order

Place the word bank words below in alphabetical order

- | | |
|----------|-----------|
| 1. _____ | 9. _____ |
| 2. _____ | 10. _____ |
| 3. _____ | 11. _____ |
| 4. _____ | 12. _____ |
| 5. _____ | 13. _____ |
| 6. _____ | 14. _____ |
| 7. _____ | 15. _____ |
| 8. _____ | 16. _____ |

Bottles	Save	Pollute	Trees
Water	Grow	Planet	Cans
Glass	Recycle	Reduce	Bags
Reuse	Electronics	Paper	Sort

 *A Destination Kids Café Healthy Choice*
  *denotes a 2011 Healthy Kids Recipe Contest winner*

*All meat shall be cooked to Well done, some dishes may contain undercooked egg
 Written information is available upon request regarding the safety of these items

T. Cook's

Entrées


Mini Kobe hot dogs \$12
choice of fries, sweet potato fries, tater tots, potato chips, mixed greens salad or fruit

 From Land or From Sea \$14

Choice of:

- Salmon (4oz - grilled or seared)
- Squidworth's™ Fish Sticks (oven roasted)
- Day Boat Scallops (seared)
- Poulet Rouge chicken breast (grilled or rotisserie)
- Beef Tenderloin (4oz - grilled)
- Pork Tenderloin (seared)

served with choice of starch and vegetable. starch choices include: roasted or steamed fingerling potatoes, potato puree, wild rice or couscous. vegetable choices include: carrots, asparagus, broccoli, cauliflower or a medley of all four prepared either steamed or sautéed


 Hummus pita sandwich \$7
whole grain pita spread with hummus and stuffed with cucumber, tomato, carrot & mixed baby greens. served with choice of fries, sweet potato fries, tater tots, potato chips, mixed greens salad or fruit

Mini meatloaf & mash \$12
two mini beef meat loaves topped with a tomato glaze & served with potato puree, individual loaf of house-made brioche & choice of carrots, asparagus, broccoli, cauliflower or a medley of all four prepared either steamed or sautéed

½ Mussels \$8

½ Pizza topped with mozzarella & basil \$6
pepperoni, spicy coppa, house-made Italian style sausage, ham, caramelized onions, sautéed mushrooms, pineapple, sliced jalapenos or sliced black olives can each be added for \$.50 extra per item

Pasta & Sauce \$8
choice of pasta & sauce. sauces include marinara, meat & marinara, butter & Parmesan cheese, house-made pesto, tomato-eggplant ragout with local goat cheese & herbs, Alfredo or 'mac n' cheese' style

 Mushroom taco \$12
spicy sautéed mushrooms in a corn tortilla with iceberg lettuce, shredded vegan cheese & diced tomatoes served with tortilla chips & salsa

Classic grilled cheese sandwich \$7
choice of fries, sweet potato fries, potato chips, tater tots, mixed greens salad or fruit. add tomato, ham or turkey for \$1


Chicken fingers \$8
with choice of bbq sauce or ranch dressing for dipping along with choice of fries, sweet potato fries, tater tots, potato chips, mixed greens salad or fruit

Tenderloin sliders \$12
choice of fries, sweet potato fries, tater tots, potato chips, mixed greens salad or fruit

  Multigrain Mac & Cheese \$8
created by Lorin Cook of Alpine, NJ. multigrain macaroni baked in cheddar cheese sauce and topped with a crunchy crust

Kids Specialty Drinks

 Mango Mania \$4
mango blended with orange juice, yogurt & vanilla ice cream. garnished with an orange wedge & maraschino cherry

 Watermelon Fizz \$4
watermelon purée (or seasonal fruit substitute) mixed with soda water & a splash of lime. garnished with a mini fruit kebab

 *A Destination Kids Café Healthy Choice*
  *denotes a 2011 Healthy Kids Recipe Contest winner*

*All meat shall be cooked to Well done, some dishes may contain undercooked egg
Written information is available upon request regarding the safety of these items